

Electra Health Club & Spa

Child Watch Parent Packet

Hours of operation:

Monday thru Saturday: 8:00am - 11:00am

Monday thru Thursday 4:15pm – 7:45pm

Sunday: CLOSED

1. Check In/Out Procedures

- Children must be signed in and out on the child care sign in sheet located in the play care room. You must be the parent or legal guardian of the child/children you are dropping off. If you are not a parent or legal guardian, you must notify the child care attendant and leave a picture I.D. with them at the time of check-in.
- **There is a two hour time limit per day.**

2. Age Requirements:

- **3 months to 12 years of age**

3. Sick Children:

- **ABSOLUTELY NO SICK CHILDREN WILL BE ALLOWED IN THE PLAY CARE ROOM!**
- Signs of illness that will preclude entry, but are not limited to: fever, runny nose, cough, rash, diarrhea, vomiting, etc. Admittance will be at the discretion of the child care attendant. If your child begins to show signs of illness after being admitted to the play care area you will be called to come back and pick your child up.

4. Changing Diapers:

- Parents are expected to drop children off with a clean diaper. We are not responsible for changing diapers. If a diaper change is needed, the child care attendant will notify the parent to change the child's diapers and clothing if necessary.

5. Food & Drinks:

- Due to the very serious nature of childhood allergies and choking hazards, absolutely no food will be allowed in the play room.
- A drink or formula will be allowed in a bottle or spill proof cup.

6. Areas Off Limits To Children:

- Children are not allowed in the fitness studio or lounges at any time. Upon entering our fitness lobby with your children you must bring them directly to the play care room.

7. Proper Attire:

- All children must be appropriately clothed and wearing shoes at all times.
- Shoes that are not permitted:
Heely's (Roller-Skating Sneakers)

8. Items From Home:

- Please do not allow your child/children to bring any toys from home. All our toys have been chosen with children's safety in mind. A toy that might be appropriate for your child may be a hazard to another. In the event that your child does bring a toy from home, we will remove it, put it in a safe place, and return it upon your child's departure.

9. Discipline:

- If a child misbehaves, we will call the parent to address the issue.

10. Fussiness:

- If a child becomes fussy or irate, we will call the parent to take the child out of child watch.

Please remember that child watch is provided as a convenience to our members and may be discontinued at the discretion of the facility.

Child/Children's Names: _____

Date of Birth of Child/Children: _____

Please list allergies or medical conditions your child/children have:

Medications: _____

I have read and agree to Electra's Child Watch rules and regulations.

Parent/Guardian _____

Date _____